

Northern Regional Squad Training

KarateSport

England

A New Way Forward

Open to all Karate Associations

Within the Northern Region

With

Northern regional coaches

Jeff Bottomley – Ian Swain

Welcome you to open squad session

Kata/Kumite

Sunday 15 July 2007

At

English Institute of Sport -Sheffield,
Coleridge Road, Sheffield, S9 5DA.
Near Meadowhall Shopping centre

Registration 11.30 am / Squad session 12 – 4 pm

Fee: £10

Youth Squads

Under 12 's Squad 10-11 yrs boys/girls, 5th KYU & above

Under 14's Squad 12-13 yrs boys/girls, 5th KYU & above

Under 16's Squad 14-15 yrs boys/girls, 5th KYU & above

Cadet Squad: 16-17 yrs male/female

Junior Squad: 18-20 yrs male/female

Senior Squad: 21⁺ male/female

Association Kata Coaches welcome to come and work with their own competitors and other coaches to structure a Kata Squad.

For further details contact Abdu Shaher on: 07770546810

KarateSport England the visionary and regulatory body for Sport/Competitive
Karate in England